

Jr/ Sr High Lunch

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast is served in Cafeterias TCP, TCI, Jr/Sr High 7:45am- 8:10am \$1.00, .30- Reduced, free- Qualified applicants.			Welcome Back to TRI-COUNTY!	1	2	3 Milk Choices White 1% Chocolate skim St. berry skim
4	5	6	7	8	9 Cheese or Pepperoni Pizza Romaine Salad Corn Variety Fruit Milk	10
11 Approved Free/ Reduced Applicants qualify for Breakfast & Lunch.	12 Tenderloin or Hamburger/ wg bun Baked Beans SW potato fries Variety Fruit (Straw berries) Milk	13 Calzone or Hamburger/ bun Green Beans Orange Medley Variety Fruit Milk	14 Fajita Chix or Taco meat Wraps Lettuce Tomato cheese Refried beans Cauliflower Variety Fruit Milk	15 Chicken leg/ wg Roll or Southern style Pork chop/ gravy Baby Carrots Potato casserole Variety fruit Milk	16 Cheese or Pepperoni Pizza Salad/ dressing Green beans Variety fruit Milk	17 Menus subject to change due to delivery or weather.
18	19 Pulled Pork or Fish/ wg bun Fr. Fries Coleslaw Peas Variety fruit Milk	20 Meatloaf or Turkey slice Bread slice Potatoes/ Gravy Green beans Variety fruit Milk	21 French bread pizza or Ham, Turkey/ wg bun Baby carrots Baked beans Romaine/ dressing Variety fruit Milk	22 Quessadilla or Hot pockets Spinach salad Sw Potato fries Corn Variety fruit Milk	23 Cheese or Pepperoni Pizza Cucumbers Celery stix Variety fruit Milk	24
25 Cold sandwiches available as another entree'	26 Hamburger/ bun or Teriyaki chicken/ fortune cookie Lo mein noodles Salad Stir fry veggies Variety Fruit Milk	27 Fajita Chix or Taco meat or Hamburger/ bun Lettuce Tomato slice Refried beans Variety fruit Milk	28 Reg or spicy chicken patty or hamburger/ bun Orange Medley French fries Green beans Variety fruit Milk	29 Mozzarella sticks/ Marinara sauce or Sloppy jo/ wg bun Broccoli Baby Carrots Variety fruit Milk	30 Mac & cheese/ Roll Rotini Pasta./ Meat sauce/ Roll Green beans Spinach salad Variety fruit Milk	31 For children needing special dietary accomodations Contact the Food service Dept @ 219-279-2105 ext 3401
this institution is an equal opportunity provider.		Notes:				
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