

Jr/Sr High Lunch

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast is served in cafeterias TCP, TCI, Jr/Sr High 7:45-8:10am M-F (school days). \$1.00, .30-Reduced Free- qualified applicants.	Applications available in school offices.		students can email kitchen staff for cold sandwich order by	1 Chicken Patty W/Bun Cheese Pizza Salad Corn Fruit Milk	2 Pepperoni Pizza Fish French Fries Peas Fruit Milk	3 Milk Choices white 1% Choc skim
4	5 Tenderloin/Bun Calzone Baked Beans Sweet potato Fries Fruit Milk	6 Hamburgerw/ Bun Quesdilla w/ Salsa Green Beans Orange Medley Fruit Milk	7 Fajita Chicken Taco Meat , Soft Wraps Lettuce, Tomato, Cheese Refried Beans, Salsa Fruit Milk	8 Chicken Leg/ Roll Southern Style Pork Chop//Gravy Baby carrots Potato Casserole Fruit Milk	9 Cheese Pizza Pepperoni Pizza Salad/ Dressing Green Beans Fruit Milk	10
11	12 Fish W/ Bun Meatball Sub Cole Slaw, French Fries Peas Fruit Milk	13 Meatloaf Turkey Slice Bread Slice Potatoes/ Gravy Green Beans Fruit Milk	14 French Bread Pizza Quesdilla W/ Salsa Baby Carrots Baked Beans Romaine/ Dressing Fruit Milk	15 Pizza Stick RibW/ Bun Spinach Salad Sweet Potato Fries Corn Fruit Milk	16 Cheese Pizza Spicy Chicken Patty/ Bun Cucumbers Celery Sticks Fruit Milk	17 Menus subject to change due to weather or delivery.
18 Assorted cold veggies available on the line in Cold section.	19 Hamburger/ Bun Teriyaki Chicken Fortune Cookie Rice Salad Stir Fry Veggies Fruit Milk	20 Mozz SticksW/ Marinara Sasage Pizza Baby Carrots Brocc Fruit Milk	21 Reg. Chicken Patty/ W Bun Pepperoni Pizza Orange Medley French Fries Fruit Milk	22 Hamburger/ Bun Calzone Salad Baby Carrots Fruit Milk	23 Mac. Cheese/ Roll Rotini Pasta/ Meat Sauce/ Roll Green Beans Spinach Salad Fruit Milk	24
25 This institution is an equal opportunity provider.	26 Tenderloin/ w Bun Corn Dogs Brocc. Orange Medley Fruit Milk	27 Nachos With Cheese Sauce Meatball Sub Romaine Salad Refried Bens Fruit Milk	28 Salisbury Steak W/ Bread Grilled Cheese Potato Casserole Celery Carrots Fruit Milk	29 Chicken Nuggets W/ Roll Corn Dog Corn Sw. Potato Fries Strawberries Fruit Milk	30 Buffalo Chicken Pizza Hamburger/ Bun French Fries Green Beans Fruit Milk	31 For Children needing special dietary accommodations contact the Food Service Dept @ 219-279-2105 ext 3401
		Notes:				